

## **Daily Schedule**

7:00 to 7:30 am	Wake up and play outside for 30 minutes. This allows the puppy to get energy out and to potty several times. This sets your day of potty training up for success. Have a bowl of water outside so the puppy has adequate water intake after being in the kennel all night.
7:30 to 8:00 am	Training session before breakfast, they are excited to learn and are highly food motivated before breakfast.
8:00 to 8:15 am	Food and water. Feed the puppy a full bowl of food, let them eat as much as they would like in a 15 minute time period.
8:15-8:30 am	Potty. 15-20 minutes
8:30 to 9:30 am	Indoor play
9:30 am	Potty. 15-20 minutes
9:30-10:00 am	Indoor play
10:00 to 11:00 am	Training
11:00 am	Potty 15-20 minutes
11:30 to 1:00 pm	Indoor play
1:00 pm	Potty 15-20 minutes
1:30 to 3:00 pm	Kennel time and rest. Please make sure you have a towel down in the kennel. Include a toy, kong filled with frozen plain greek yogurt, whole carrot, or bully stick during this time.
3:00 to 3:15 pm	Potty 15-20 minutes
3:15 to 3:45 pm	Training
3:45 to 4:00 pm	Food. <b>NO FOOD AFTER 4:00</b> . This helps with consistency in potty training throughout the night
4:00 to 5:00 pm	Potty time
5:00 to 6:00 pm	Indoor play
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6:15 to 6:30 pm	Potty time
6:30 to 7:00 pm	Nightly grooming, a thorough brushing.
7:00 to 8:00 pm	Indoor play
8:00-9:00 pm	Potty and play outside. Allowing the puppy to go potty several times and exert energy at the end of the day will promote a restful night in the kennel.
9:00 to 10:45 pm	End of the day resting inside. Try to have a calming energy in your household during this time. This helps transition into the kennel.
10:45 to 11:00 pm	Quick end of night potty trip.
11:00 pm	Kennel time. When you kennel at night time, a towel and a bully stick only. If puppy cries or throws a tantrum, do not let them out!